**07-01 Sandbox Log**

The Sandbox is BrainFrame’s live experimentation zone — where ideas, modules, prompts, and prototypes can be tested without risk or permanence.

The **Sandbox Log** captures what has been tried, what was learned, and whether anything should be integrated into the core system.

**Log Entry Format**

| **Date** | **Idea / Prompt / Module Tested** | **Outcome / Learning** | **Next Step** |
| --- | --- | --- | --- |
| 2025-03-24 | Timeline Zoom-Out Reflection | Created useful insights on long-term arcs | Convert to template |
| 2025-03-21 | Momentum Ladder Prompt Sequence | Too abstract without examples | Revise + test again |

**What to Log**

* Experimental prompts or modules
* Temporary reconfigurations (e.g. new AI tone)
* Unexpected user behaviours or use cases
* Emergent workflows

**Use Cases**

* Safe space for creative exploration
* Prototype development notes
* Feedback loop with users or team
* Trace unusual insight patterns

**Reflection Prompts**

“What did I learn from this test?”  
“Did it increase or decrease clarity?”  
“Is this ready to share, refine, or archive?”

**Nothing gets lost here. Nothing has to be perfect.**

The Sandbox Log ensures all experiments leave a trail — even if they don’t make it to release.